

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Coffee, Tea & Else Labor Day Trivia Exercises Lunch Pokeno Music Appreciation	<b>Closed for Labour Day</b>	Coffee, Tea & Else September Fun Facts Exercises Lunch <b>Music Therapy</b> Time in the Garden	Coffee, Tea & Else Sharing Stories of Kindness Exercises Lunch News and Views Games	Coffee, Tea & Else Things That Make You Laugh Exercise Lunch Music and Baking for the Dogs	Coffee, Tea & Else <b>Art Therapy with Julia</b> Exercises Lunch Ted Talks- Underwater Astonishments Trivia	Coffee, Tea & Else Let's Google That Exercises Lunch Armchair Travels: Australia Part One: The Outback
Coffee, Tea & Else <b>Sing-A-long with Vi Krall</b> Exercises Lunch Sundae Sunday & Fun Facts You be the Judge	Coffee, Tea & Else Art of Conversation Exercises Lunch Milkshake Monday & Music Memories	Coffee, Tea & Else Name That Tune Exercises Lunch <b>Music Therapy</b> Bean Bag Toss	Coffee, Tea & Else Curling Exercises Lunch The Power of Positive Thinking This and That	Coffee, Tea & Else <b>Art Therapy with Julia</b> Exercise Lunch <b>Music with Teresa</b> Chit Chat	<b>Outing &amp; Picnic Lunch In Richmond</b>	Coffee, Tea & Else Music Appreciation Exercises Lunch Bingo
Coffee, Tea & Else 21 Questions Exercises Lunch Reminiscing Game This & That	<b>Lunch at Tsawwassen Mills Mall &amp; Scenic Drive</b>	Coffee, Tea & Else Protecting the Orangutan Exercises Lunch <b>Music Therapy</b> Name That Tune	Potter's Lunch Ambassadors for the Planet World Events	Coffee, Tea & Else Active Games Exercise Lunch Celebrating Classical Music Month Fun Facts	Coffee, Tea & Else <b>Art Therapy with Julia</b> Exercises Lunch Celebrating World Gratitude Day- What are You Grateful For	Coffee, Tea & Else What's in a Name Exercises Lunch The Wonders of Wildlife: Red Panda The Art of Color
Coffee, Tea & Else Fun Facts & Trivia Exercises Lunch Bean Bag Toss Card Games	Coffee, Tea & Else Fall Facts Exercises Lunch Music Appreciation- Elvis Presley Trivia	Coffee, Tea & Else Facts That Will Amaze You Exercises Lunch <b>Music Therapy</b> Chit Chat	Coffee, Tea & Else News and Views Exercises Lunch <b>Health Presentation: Lung Cancer</b>	Coffee, Tea & Else <b>Art Therapy with Julia</b> Exercises Lunch National Geographic: Amazing Animals Games	Coffee, Tea & Else All About OWL Exercise Lunch Brain Games News and Views	Coffee, Tea & Else Chicken Soup for the Soul Exercises Lunch <b>Health Presentation: Lung Cancer</b>
Coffee, Tea & Else <b>Sing-A-long with Vi Krall</b> Exercises Lunch Baking Trivia	Coffee, Tea & Else Discussion-Book of "IF" Exercises Lunch <b>Entertainment with Pete Mason</b> You be the Judge	<b>West Court – Day Program For Older Adults</b>				
<b>September 2019</b>						
						