

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday							
	Coffee, Tea & Else Exercises April Fool's/Facts & Fun Lunch Wheel of Fortune Trivia	<b>1</b> Coffee, Tea & Else April Fun Facts Exercises Lunch <b>Music Therapy</b> Chit Chat	<b>2</b> Coffee, Tea & Else News & Views Chair Yoga Lunch Letter Writing to Students Overseas World Trivia	<b>3</b> Coffee, Tea & Else Gentleman's Club & Visit from Beau Exercises Lunch All Things Sports Fun Facts	<b>4</b> Coffee, Tea & Else <b>Art Therapy</b> Tai Chi Lunch <b>Music with Liz &amp; Steve</b> You Be the Judge	<b>5</b> Coffee, Tea & Else Let's Celebrate National "Tartan Day" Exercises Lunch Games Create with Color							
Coffee, Tea & Else Springtime Trivia Exercises Lunch Baking This & That	<b>7</b>	Coffee, Tea & Else Art of Conversation Exercises Lunch Bean Bag Toss Trivia	<b>8</b>	Coffee, Tea & Else This & That Exercises Lunch <b>Music Therapy</b> Trivia	<b>9</b>	Coffee, Tea & Else Crossword Chair Yoga Lunch The Book of Joy News & Views	<b>10</b>	Coffee, Tea & Else Music Appreciation: "National Barbershop Quartet" Exercises Lunch <b>Art Therapy</b>	<b>11</b>	Coffee, Tea & Else Debate & Discuss Tai Chi Lunch April Birthday & Tea Social	<b>12</b>	Coffee, Tea & Else <b>Presentation with Greyhaven Bird Sanctuary</b> Exercises Lunch All About NASA & Facts About Mars	<b>13</b>
Coffee, Tea & Else Name 5 Exercises Lunch Music Appreciation Bean Bag Toss	<b>14</b>	Coffee, Tea & Else Storytelling Exercises Lunch Pokeno Trivia	<b>15</b>	Coffee, Tea & Else Remembering the Titanic Exercises Lunch <b>Music Therapy</b> What's Happening in the World?	<b>16</b>	Coffee, Tea & Else Chair Yoga Lunch Ted Talks: "How to Live to Be 100" and Discussion Cyber Time	<b>17</b>	Coffee, Tea & Else Gentleman's Club & Visit from Beau Exercises Lunch Curling Easter Trivia	<b>18</b>	<b>Closed for Good Friday</b> <i>happy Easter</i>	<b>19</b>	Coffee, Tea & Else Easter Fun Facts Exercises Lunch Armchair Travels: "Easter Island" What's That Mean?	<b>20</b>
<b>Closed for Easter Sunday</b>	<b>21</b>	<b>Closed for Easter Monday</b>	<b>22</b>	Coffee, Tea & Else Let's Celebrate Earth Day: "Plant a Flower" Exercises Lunch <b>Music Therapy</b> Create with Color	<b>23</b>	Coffee, Tea & Else Chair Yoga Lunch <b>Health Presentation: "Stroke Awareness"</b> Trivia	<b>24</b>	Coffee, Tea & Else Music Appreciation: "Music from the 60's" Exercises Lunch <b>Art Therapy</b> Bean Bag Toss	<b>25</b>	Coffee, Tea & Else <b>Art Therapy</b> Tai Chi Lunch Ted Talks: "What Makes a Good Life" Games	<b>26</b>	Coffee, Tea & Else On this Day Trivia Exercises Lunch <b>Health Presentation: "Stroke Awareness"</b> Create with Color	<b>27</b>
Coffee, Tea & Else You be The Judge Exercises Lunch Bingo Sing-A-Long	<b>28</b>	Coffee, Tea & Else Facts & Fun Exercises Lunch Charades Name 5	<b>29</b>	Coffee, Tea & Else Art of Conversation Exercises Lunch <b>Music Therapy</b> Trivia	<b>30</b>	<b>Day Program For Older Adults</b> <b>April 2019</b>							

