

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
West Court – Parkview February 2019						12:00 Hand Massages 1 2:30 Music & Dance with Joanne 3:15 Let's Chat- One to One Visits 6:00 Engaging The Senses	10:15 Let's Stretch 2 11:15 Busy Hands 2:30 What's Baking? 3:15 Let's Chat- One to One Visits 6:30 Music Therapy with Julia
10:15 Exercises 3 11:30 Hymn Sing 2:30 Coffee, Tea & Else 3:15 Time Together	10:15 Art Therapy with Julia 4 12:00 Let's Stretch 2: 30 Music Memories 3:15 Time Together 6:00 Happy Hour	10:15 Active Games 5 11:00 Music Therapy with Julia 2:00 Concert in Care 3:15 One to One Visits	12:00 Fitness Fun 6 2:30 Chinese New Year Social 3:15 Time Together 6:00 Sensory Stimulation	10:15 Active Fun 7 11:15 Sorting & Matching 2:30 Music Memories 3:15 Let's Chat- One to One Visits	12:00 Stroll A-Long 2:30 Music & Dance with Joanne 8 3:15 Let's Chat- One to One Visits 6:00 DVD Concert & Hot Chocolate	10:15 Let's Stretch 9 11:15 Story Time 2:30 Active Game 3:15 Let's Chat- One to One Visits 6:30 Music Therapy with Julia	
10:15 Exercises 10 11:30 Hymn Sing 2:30 Coffee, Tea & Else 3:15 Time Together	10:15 Art Therapy with Julia 11 12:00 Let's Stretch 2: 30 Story Time 3:15 Time Together 6:00 Happy Hour	10:15 Active Games 12 11:00 Music Therapy with Julia 2:30 Hand Massages 3:15 One to One Visits	12:00 Fitness Fun 13 2:30 Piano with Bill Hamilton 3:15 Time Together 6:00 DVD Concert & Hot Chocolate	10:15 Active Fun 14 11:15 Picture Books 2:00 Sing-A-Long with Happy Wanderers 3:15 Let's Chat- One to One Visits	12:00 Story Time 15 2:30 Music & Dance with Joanne 3:15 Let's Chat- One to One Visits 6:00 Sensory Stimulation	10:15 Let's Stretch 16 11:15 Music Memories 2:30 Afternoon Tea Social 3:15 Let's Chat- One to One Visits 6:30 Music Therapy with Julia	
10:15 Exercises 17 11:30 Hymn Sing 2:30 Coffee, Tea & Else 3:15 Time Together	FAMILY DAY 18 10:15 Art Therapy with Julia 12:00 Let's Stretch 2: 30 Music Memories 3:15 Time Together 6:00 Happy Hour	10:15 Active Games 19 11:00 Music Therapy with Julia 2:30 Facts & Fun Trivia 3:15 One to One Visits	12:00 Fitness Fun 20 2:30 Art Time 3:15 Time Together 6:00 Engaging The Senses	10:15 Active Fun 21 11:15 Hand Massages 2:30 Singing with Vi 3:15 Let's Chat- One to One Visits	12:00 Exercises 22 2:30 Music & Dance with Joanne 3:15 Let's Chat- One to One Visits 6:00 Popcorn & Movie	10:15 Let's Stretch 23 11:15 Arts & Crafts 2:30 Story Time 3:15 Let's Chat- One to One Visits 6:30 Music Therapy with Julia	
10:15 Exercises 24 11:30 Hymn Sing 2:30 Coffee, Tea & Else 3:15 Time Together	10:15 Art Therapy with Julia 25 12:00 Let's Stretch 2: 30 Story Time 3:15 Time Together 6:00 Happy Hour	10:15 Active Games 26 11:00 Music Therapy with Julia 2:30 Sorting & Folding 3:15 One to One Visits	12:00 Fitness Fun 27 2:30 Piano with Bill Hamilton 3:15 Time Together 6:00 Dance Party - care home	10:15 Active Fun 28 11:15 Chicken Soup Stories 2:30 Bean Bag Toss 3:15 Let's Chat- One to One Visits			