

## COMMUNITY CENTRE WEEKLY ACTIVITIES

Reception open 9:00 am to 2:45 pm Monday to Friday  
 Unique Boutique open 10:00 am to 2:45 pm Monday to Friday  
 Buenos Dias Café open Monday to Friday 7:30 am to 3:00 pm

### Monday

9:00 am Beth's Pilates Level II with weights  
 10:00 am Beth's Fitness & Stretch  
 10:00 am ElderCollege Mtg. - MP Rm. The 2nd Mon.  
 11:00 am Parkinson's Mtg. - MP Rm. The 3rd Mon.  
 11:30 am Modified Osteofit - Vidal Court  
 1:00 pm Social Bridge  
 1:00 pm Cribbage  
 1:15 pm Ukulele Jam Session - MP Rm.  
 5:30 pm Jazzercise  
 6:00 pm Poker - MP Rm.  
 7:00 pm Competitive Snooker

### Tuesday

9:00 am-Noon Foot Care 30 min by apt. - Vidal Court  
 9:00 am Beth's Fitness with weights  
 9:15 am Yoga - Vidal Court  
 10:30 am Step, Step Line Dancing  
 11:00 am Beginners' Ukulele Class  
 12:00-1:00 pm KinTones the first & third Tues.  
 1:00 -3:00 pm Movie the second & forth Tues.  
 7:00-8:20 pm Advanced Ballroom Class

### Wednesday

9:00 am Beth's Pilates Level II  
 10:00 am Beth's Pilates Level 1  
 10:00 am Walking Group  
 11:00-12:30 am Chair Massage - 15 min. by apt.  
 1:00 pm Bingo  
 4:00 pm Step, Step Line Dancing  
 5:30 pm Jazzercise  
 7:30 pm Delta Photo Club

### Thursday

9:00 am Beth's Fitness with weights  
 10:00 am KinQuilters  
 10:00 am Watercolor Art - MP Rm.  
 10:30 am Knitting & Crocheting  
 1:00 pm Euchre  
 1:00 pm Partners' Bridge  
 5:30 pm Jazzercise  
 6:00 pm Poker - MP Rm.

### Friday

9 am Beginners' Line Dancing  
 9:15 am Yoga - Vidal Court  
 10:00-2:00 pm Chair Massage - 15 min. by apt.  
 10:30 am Shari's Dancercise  
 12:00-4:00 pm Scrapbooking - MP Rm. first & third Fri.  
 6:45 pm Intermediate Ballroom Dancing  
 8:00 pm Regular Dances

### Saturday

9:00 am Jazzercise  
**Feb. 9th** Shari's Saturday Social  
 Doors open at 7 pm - Dance 7:30-10:30

### Sunday

12:00-1:00 pm Dance Practice  
 1:00-3:30 pm Tea Dance



### Unique Boutique

Open 10 am to 2:45 pm Monday to Friday.

#### THE FIRST MONDAY OF THE MONTH

Show your 2019 KinVillage membership card and  
**Receive 50% off the purchase price.\***

\*Excluding jewellery

Thank you for your patronage.

We also appreciate donations of gently-used, high-end ladies' apparel and accessories including jewellery, purses, and scarves. No shoes or lingerie.  
 Thank you.

#### SNOOKER TABLES AVAILABLE FOR PLAY

9 am to 3 pm - Monday to Friday

Once you have purchased your 2019 membership, then you can purchase your snooker membership which is \$42 for the calendar year.



There is usually a group playing snooker in the morning and we look forward to welcoming new members. Competitive snooker takes place on Mondays at 7:00 pm.