

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

West Court - Care Home

September 2018



<p>10:00 Hymn Sing 1st FL 10:15 Spiritual Readings- 1st FL 10:45 Brain Quest-1st FL 1:30 Exercises 1st FL 2:45 Ice-Cream Social- 1st FL 3:45 Movie-Viewer's Choice-1st FL 5:45 Piano with Bill 1st FL</p>	<p>2 LABOUR DAY</p> <p>10:00 Reconditioning Exercises 1st FL 11:00 Trivial Pursuit- 1st FL</p>	<p>3</p> <p>10:00 Strength Training 2nd FL 10:00 Reconditioning Exercises 1st FL 11:15 Walks in the Garden- 1st FL 1:30 Group Crossword 1st FL 2:30 Happy Hour 1st FL 4:00 Music with Julia 1st FL 3:15 Time Together 5:45 Word within A Word-1st FL 7:00 Movie-Viewer's Choice</p>	<p>4</p> <p>10:00 Strength Training 1st FL 10:15 Balloon Badminton 1st FL 10:45 News & Views 1st FL 11:15 Picture Books 1st FL 1:30 Stories & Hymn Songs 2:30 Reader's Haven 3:00 1-1 visits 1st FL 3:45 Movie Classics 6:00 Bingo - 1st FL 7:00 Movie-Viewer's Choice</p>	<p>5 CARE CONFERENCES</p> <p>10:00 Strength Training 2nd FL 10:00 Reconditioning Exercise 1st FL 10:40 Piano w/Kelvin 11:00 Coffee, Tea & Reminiscing 1st FL 1:30 Crosswords - 1st FL 3:00 Music Memories 1st FL 3:00 Art Therapy w/ Julia DPOA 3:45 DVD Concerts 5:45 Pokeno</p>	<p>6</p> <p>10:00 Strength Training 1st FL 10:15 Physical Stimulation 1st FL 10:45 Coffee, Tea & Else 1st FL 1:30 Word Jumbles 1st FL 2:30 Happy Hour 1st FL 3:15 1-1 Visits 3:45 Documentary Hour 1st FL 5:45 CyberTime: Let's Laugh 7:00 Top Movie Picks</p>	<p>7</p> <p>10:00 Reconditioning Exercises 1st FL 10:45 Random Trivia 1st FL 1:30 Baking and Tea Social 1st FL 2:45 Colour Therapy 1st FL 3:45 Movie: Viewer's Pick 1st FL 5:30 Music with Julia 1st FL</p>
<p>10:00 Hymn Sing 1st FL 10:15 Spiritual Readings- 1st FL 10:45 Facts & Fun (Trees) 1st FL 1:30 Exercises 1st FL 2:45 Busy Hands 1st FL 3:45 Movie-Viewer's Choice- 1st FL</p>	<p>9</p> <p>10:00 Reconditioning Exercises 1st FL 11:15 Coffee, Tea & Else 1st FL 1:30 Baking- 1st 2:30 Reader's Haven 2:30 Strength Training 1st FL 3:00 Art Therapy w/ Julia DPOA 3:15 1 -1 Visits 3:45 Series Hour 5:45 Music Appreciation- 1st FL 7:00 Movie-Viewer's Choice</p>	<p>10</p> <p>10:00 Strength Training 2nd FL 10:00 Reconditioning Exercises 1st FL 11:15 Bean Bag Toss- 1st FL 2:00 Concert in Care 1st FL 3:00 Happy Hour 1st FL 4:00 Music with Julia 1st FL 3:15 Time Together 5:45 Wheel of Fortune-1st FL 7:00 Movie-Viewer's Choice</p>	<p>11</p> <p>10:00 Strength Training 1st FL 10:15 Sensory Stimulation 1st FL 10:45 Crosswords 1st FL 11:15 Dynamic Fitness 1st FL 1:30 Java Music Club - Sun Room 2:30 Ice Cream Buffet with Betty Burda 1st FL 3:00 1-1 Visits 1st FL 3:45 Movie Classics 6:00 Bingo - 1st FL</p>	<p>12</p> <p>10:00 Strength Training 10:15 Scenic Drive 10:40 Piano w/Kelvin 11:30 Dynamic Fitness 1:30 Crosswords - 1st FL 2:30 Learning Mahjong with Lois 1st FL 2:45 Balloon Badminton 1st FL 3:00 Art Therapy w/ Julia DPOA 3:45 DVD Concerts 5:45 Sudoku Lesson #7 1st FL</p>	<p>13</p> <p>10:00 Strength Training 1st FL 10:15 Physical Stimulation 1st FL 10:45 Coffee, Tea & Else 1st FL 2:00 Happy Hour 1st FL 3:15 1-1 Visits 3:45 Documentary Hour 1st FL 5:45 CyberTime: Music Memories 7:00 Top Movie Picks</p>	<p>14</p> <p>10:00 Reconditioning Exercises 1st FL 10:45 Can You Name 5? 1st FL 1:30 Bowling 1st FL 2:45 Arts & Crafts 1st FL 3:45 Movie: Viewer's Pick 1st FL 5:30 Music with Julia 1st FL</p>
<p>10:00 Church Service 1st FL South Delta Baptist 10:45 Crosswords & Trivia - 1st FL 1:30 Exercises 1st FL 2:45 Lemonade Social/Trivia 3:45 Movie-Viewer's Choice- 1st FL 5:45 Piano with Bill 1st FL</p>	<p>16</p> <p>10:00 Reconditioning Exercises 1st FL 11:15 Coffee, Tea & Else 1st FL 1:30 Pictures from the Past-1st FL 2:30 Sing-A-Long with "Vi & Harry" 2:30 Strength Training 1st FL 3:00 Art Therapy w/ Julia DPOA 3:15 1 -1 Visits 3:45 Series Hour 4:45 Dining-In with Pat-1st FL 7:00 Movie-Viewer's Choice</p>	<p>17</p> <p>10:00 Strength Training 2nd FL 10:00 Reconditioning Exercises 1st FL 11:15 Bowling- 1st FL 1:30 Group Crossword 1st FL 2:30 Happy Hour 1st FL 4:00 Music with Julia 1st FL 3:15 Time Together 5:45 Trivial Pursuit-1st FL 7:00 Movie-Viewer's Choice</p>	<p>18</p> <p>10:00 Strength Training 1st FL 10:15 Manicures & Hand Massages 1st FL 10:45 Debate & Discuss 1st FL 12:30 BBQ Lunch & Entertainment 1st FL 3:00 Coffee/Tea Social 1st FL 3:45 Movie Classics 6:00 Bingo - 1st FL 7:00 Movie-Viewer's Choice</p>	<p>19</p> <p>10:00 Strength Training 2nd FL 10:00 Reconditioning Exercise 1st FL 11:00 Lion & Lamb Heritage Farm Visit 1st FL 1:30 Crosswords - 1st FL 2:30 Reader's Haven 1st FL 2:45 Noddle Hockey 1st FL 3:00 Art Therapy w/ Julia DPOA 3:45 DVD Concerts 5:45 Jeopardy Trivia 1st FL</p>	<p>20</p> <p>10:00 Strength Training 1st FL 10:15 Physical Stimulation 1st FL 10:45 Coffee, Tea & Else 1st FL 1:30 Unscramble the Words 1st FL 2:00 High Tea Social in CC 2:45 Happy Hour 1st FL 3:45 Documentary Hour 1st FL 5:45 CyberTime: How it's Made 7:00 Top Movie Picks</p>	<p>21</p> <p>10:00 Reconditioning Exercises 1st FL 10:45 Game of Knowledge 1st FL 1:30 Baking & Tea Social 1st FL 2:45 Chicken Soup Stories & Chat 1st FL 3:45 Movie: Viewer's Pick 1st FL 5:30 Music with Julia 1st FL</p>
<p>10:15 Facts & Fun- 1st FL 11:30 Exercises 2:00 Church Service 1st FL Catholic 2:45 Iced Tea Social/Music Appreciation 1 FL 3:45 Movie-Viewer's Choice 1st FL</p>	<p>23</p> <p>10:00 Reconditioning Exercises 1st FL 11:15 Coffee, Tea & Else 1st FL 1:30 Baking- 1st FL 2:30 Pamper Me Room Visits 2:30 Strength Training 1st FL 3:00 Art Therapy w/ Julia DPOA 3:15 1 -1 Visits 3:45 Series Hour 6:00 Dance Party w "The Kintones" 1st FL 7:00 Movie-Viewer's Choice</p>	<p>24</p> <p>10:00 Strength Training 2nd FL 10:00 Reconditioning Exercises 1st FL 11:15 Balloon Badminton- 1st FL 1:30 Group Crossword 1st FL 2:30 Happy Hour 1st FL 4:00 Music with Julia 1st FL 3:15 Time Together 5:45 Wheel of Fortune-1st FL 7:00 Movie-Viewer's Choice</p>	<p>25</p> <p>10:00 Strength Training 1st FL 10:15 Engaging the Senses 10:45 News and Views 1st FL 11:15 Dynamic Fitness 1st FL 1:30 Java Music Club – Sun Room 2:30 Reader's Haven 1st FL 3:00 1-1 Visits 1st FL 3:45 Movie Classics 6:00 Jackpot Bingo - 1st FL 7:00 Movie-Viewer's Choice</p>	<p>26</p> <p>10:00 Strength Training 10:15 Scenic Drive 10:40 Piano w/Kelvin 11:30 Picture Books 1:30 Crosswords - 1st FL 2:30 Dynamic Fitness 1st FL 2:45 Chatterbox 1st FL 3:00 Art Therapy w/ Julia DPOA 3:45 DVD Concerts 5:45 Wikipedia Knows 1st FL</p>	<p>27</p> <p>10:00 Strength Training 1st FL 10:15 Physical Stimulation 1st FL 10:45 Coffee, Tea & Else 1st FL 1:30 Scategories 1st FL 2:30 Happy Hour 1st FL 3:15 1-1 Visits 3:45 Documentary Hour 1st FL 5:45 CyberTime: Music Memories 7:00 Top Movie Picks</p>	<p>28</p> <p>10:00 Reconditioning Exercises 1st FL 10:45 Trivial Pursuit 1st FL 1:30 Garden Walk 1st FL 2:45 Arts & Crafts 1st FL 3:45 Movie: Viewer's Pick 1st FL 5:30 Music with Julia 1st FL</p>
<p>10:00 Hymn Sing 1st FL 10:15 Spiritual Readings-1st FL 10:45 Mental Aerobics- 1st FL 1:30 Exercises 1st FL 2:45 Hot Chocolate Social & Reminiscing- 1st FL 3:45 Movie-Viewer's Choice-1st FL</p>	<p>30</p>					