

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# Day Program For Older Adults

# September 2018



							Coffee Klatch Stories to Warm the Heart Exercises Lunch Fun Facts & Root Beer Floats Bean Bag Toss	1				
2	<b>BC DAY</b>  <b>CLOSED</b>	3	Coffee Klatch Name That Anne Murray Tune Exercises Lunch <b>Music Therapy</b> Create with Color	4	Coffee Klatch Project Giveback: Day of Charity Exercises Lunch You Be the Judge News & Views	5	Coffee Klatch Piano with Kelvin Exercises Lunch <b>Entertainment with                  Brian Gimble</b> Fall Reminiscing	6	Coffee Klatch <b>Art Therapy</b> Exercises Lunch Crosswords Name That Tune	7	Coffee Klatch <b>Piano with Joanne</b> Exercises Lunch Create with Color Garden Social	8
9	Coffee Klatch Scattategories Exercises Lunch Farkle Picture Books	10	Coffee Klatch News and Views Exercises Dine In Lunch <b>Music Therapy</b> Can You Name Five?	11	<b>Delta Potters</b> Lunch Exercises Things You Didn't Know	12	Coffee Klatch Gentleman's Club Exercises Lunch <b>Art Therapy</b> Games	13	Coffee Klatch Create A Special Coffee Exercises Lunch <b>Snooker &amp; Sweethearts</b> <b>Knitting</b> September Trivia	14	Coffee Klatch Trivia Exercises Lunch Wonders of the World: Italy Current Events	15
16	Coffee Klatch 20 Questions Exercises Lunch Music Memories Puzzles	17	Coffee Klatch Let's Bake: Celebrate Rice Crispies Day Exercises Lunch <b>Music Therapy</b> You Be the Judge	18	Coffee Klatch Trivia Exercises Pancake Brunch <b>Entertainment: Peter                  Mason</b> Debate & Discuss	19	Coffee Klatch Fun Facts Exercises Lunch Bowling Music Appreciation	20	All Day Outing to Steveston <b>Cannery Tour &amp;                  Picnic Lunch</b> Cards	21	Coffee Klatch World Gratitude Day! What are you grateful for? Exercises Lunch Bingo Garden Social	22
23	Coffee Klatch Random Trivia Exercises Lunch Word Jumbles News and Views	24	Coffee Klatch Create with Color Exercises Lunch <b>Music Therapy</b> Current Events	25	Coffee Klatch Kindness & Your Health Exercises Lunch <b>Health Presentation:                  Arthritis</b> News & Views	26	Coffee Klatch Music Memories Exercises Lunch <b>Art Therapy</b> World Travels	27	Coffee Klatch News and Views Exercises Lunch Art of Spreading Joy Let's Google That!	28	Coffee Klatch Celebrate National Coffee Day with a Special Coffee Exercises Lunch <b>Health Presentation:                  Arthritis</b>	29
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