


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<b>Happy Canada Day! 1</b> 10:00 Hymn Sing 1 <sup>st</sup> FL 10:45 Trivial Pursuit- 1 <sup>st</sup> FL 1:30 Exercises 1 <sup>st</sup> FL 2:45 Ice-Cream Social- 1 <sup>st</sup> FL 3:45 Movie-Viewer's Choice-1 <sup>st</sup> FL 5:45 Piano with Bill 1 <sup>st</sup> FL	10:00 Reconditioning Exercises 1 <sup>st</sup> FL <b>2</b> 11:00 Facts & Fun- 1 <sup>st</sup> FL 2:00 Busy Hands - 1 <sup>st</sup> FL 3:00 <b>Art Therapy w/ Julia DPOA</b> 3:15 Outdoor Walks in the Courtyard 3:45 Movie-Viewer's Choice	10:00 Strength Training 2 <sup>nd</sup> FL <b>3</b> 10:00 Reconditioning Exercises 1 <sup>st</sup> FL 11:30 Bean Bag Toss- 1 <sup>st</sup> FL 12:15 <b>Patio Picnic – By Invitation</b> 2:00 Group Crossword 1 <sup>st</sup> FL 2:30 Happy Hour 1 <sup>st</sup> FL 4:00 <b>Music with Julia 1<sup>st</sup> FL</b> 3:15 Time Together 5:45 Wheel of Fortune 7:00 Movie-Viewer's Choice	10:00 Strength Training 1 <sup>st</sup> FL <b>4</b> 10:15 Engaging the Senses 1 <sup>st</sup> FL 10:45 News and Views 1 <sup>st</sup> FL 11:15 Picture Books 1 <sup>st</sup> FL 1:30 <b>Greyhaven Exotic Bird Sanctuary 1<sup>st</sup> FL</b> 2:30 Dynamic Fitness 1 <sup>st</sup> FL 3:00 Pamper Me 3:45 Movie Classics 6:00 Bingo - 1 <sup>st</sup> FL 7:00 Movie-Viewer's Choice	10:00 Strength Training 1 <sup>st</sup> FL <b>5</b> 10:00 Scenic Drive 11:00 Anglican Communion 11:30 Dynamic Fitness 1 <sup>st</sup> FL 1:30 Crosswords 1 <sup>st</sup> FL 2:30 Reader's Haven 1 <sup>st</sup> FL 3:00 <b>Art Therapy w/ Julia DPOA</b> 3:45 DVD Concerts 5:45 Pokeno 1 <sup>st</sup> FL	10:00 Strength Training 1 <sup>st</sup> FL <b>6</b> 10:15 Physical Stimulation 1 <sup>st</sup> FL 10:45 Coffee, Tea & Else 1 <sup>st</sup> FL 1:30 Double Meaning Words 1 <sup>st</sup> FL 2:30 <b>Happy Hour with "Allan Boolinoff" 1<sup>st</sup> FL</b> 3:15 1-1 Visits 3:45 Documentary Hour 1 <sup>st</sup> FL 5:45 CyberTime: Music Memories 7:00 Top Movie Picks	10:00 Reconditioning Exercises 1 <sup>st</sup> FL <b>7</b> 10:45 Who am I? 1 <sup>st</sup> FL 1:30 <b>DIY: Homemade Ice Cream Sandwiches 1<sup>st</sup> FL</b> 2:45 Garden Walks 1 <sup>st</sup> FL 3:45 Movie: Viewer's Pick 1 <sup>st</sup> FL 5:30 <b>Music with Julia 1<sup>st</sup> FL</b>		
9:45 Church Service 1 <sup>st</sup> FL <b>8</b> <u>Tsawwassen United</u> 10:45 Facts & Fun-Trees- 1 <sup>st</sup> FL 1:30 Exercises 1 <sup>st</sup> FL 2:45 "Lucille Ball" Life Story I- 1 <sup>st</sup> FL 3:45 Movie-Viewer's Choice- 1 <sup>st</sup> FL	10:00 Reconditioning Exercises 1 <sup>st</sup> FL <b>9</b> 11:15 Coffee, Tea & Else 1 <sup>st</sup> FL 1:30 Gardening 1 <sup>st</sup> FL 2:30 Strength Training 1 <sup>st</sup> FL 2:30 <b>Sing a Long with Vi &amp; Harry 1<sup>st</sup> FL</b> 3:00 <b>Art Therapy w/ Julia DPOA</b> 3:15 1-1 Visits 3:45 Series Hour 5:45 Musical Memories-1 <sup>st</sup> FL 7:00 Movie-Viewer's Choice	10:00 Strength Training 2 <sup>nd</sup> FL <b>10</b> 10:00 Reconditioning Exercises 1 <sup>st</sup> FL 11:30 Garden Walks 1 <sup>st</sup> FL 1:30 Group Crossword 1 <sup>st</sup> FL 2:30 Happy Hour 1 <sup>st</sup> FL 4:00 <b>Music with Julia 1<sup>st</sup> FL</b> 3:15 Time Together 5:45 Scattegories/Trivia 7:00 Movie-Viewer's Choice	<b>CARE CONFERENCE 11</b> 10:00 Strength Training 1 <sup>st</sup> FL 10:15 Engage the Senses 1 <sup>st</sup> FL 10:45 News and Views 1 <sup>st</sup> FL 2:00 <b>"The Symphony" 1<sup>st</sup> FL</b> 2:30 Spiritual Inspirations 3:45 Movie Classics 6:00 Bingo - 1 <sup>st</sup> FL 7:00 Movie-Viewer's Choice	10:00 Strength Training 2 <sup>nd</sup> FL <b>12</b> 10:00 Reconditioning Exercise 1 <sup>st</sup> FL 10:40 Piano w/Kelvin 11:30 Dynamic Fitness 2:00 <b>Pop-Up Coffee Shop: Iced Coffee Tasting 1<sup>st</sup> FL</b> 2:30 Pamper Me Room Visits 1 <sup>st</sup> FL 3:00 <b>Art Therapy w/ Julia - DPOA</b> 3:45 DVD Concerts 5:45 Sudoku Lesson #5 1 <sup>st</sup> FL 7:00 Movie-Viewer's Choice 1 <sup>st</sup> FL	10:00 Strength Training 1 <sup>st</sup> FL <b>13</b> 10:15 Physical Stimulation 1 <sup>st</sup> FL 10:45 Coffee, Tea & Else 1 <sup>st</sup> FL 1:30 Word Jumbles 1 <sup>st</sup> FL 2:30 <b>New Resident Welcome Social 1<sup>st</sup> FL</b> 3:15 1-1 Visits 3:45 Documentary Hour 1 <sup>st</sup> FL 5:45 <b>DIY: Homemade Popsicles</b> 7:00 Top Movie Picks	10:00 Reconditioning Exercises 1 <sup>st</sup> FL <b>14</b> 10:45 Scattegories 1 <sup>st</sup> FL 1:30 <b>Homemade Popsicle Tasting &amp; Tunes 1<sup>st</sup> FL</b> 2:45 Knitting Club 1 <sup>st</sup> FL 3:45 Movie: Viewer's Pick 1 <sup>st</sup> FL 5:30 <b>Music with Julia 1<sup>st</sup> FL</b>		
10:00 Church Service 1 <sup>st</sup> FL <b>15</b> <u>South Delta Baptist</u> 10:45 Mental Aerobics- 1 <sup>st</sup> FL 1:30 Exercises 1 <sup>st</sup> FL 2:45 Reminiscing with Music 1 <sup>st</sup> FL 3:45 Movie-Viewer's Choice- 1 <sup>st</sup> FL 5:45 Piano with Bill 1 <sup>st</sup> FL	10:00 Reconditioning Exercises 1 <sup>st</sup> FL <b>16</b> 11:15 Coffee, Tea & Else 1 <sup>st</sup> FL 1:30 Reminiscence Game- 1 <sup>st</sup> FL 2:30 Strength Training 1 <sup>st</sup> FL 2:30 <b>Melodious Mandolins 1<sup>st</sup> FL</b> 3:00 <b>Art Therapy w/ Julia DPOA</b> 3:15 1-1 Visits 3:45 Series Hour 5:45 Sing-A-Long- 1 <sup>st</sup> FL 7:00 Movie-Viewer's Choice	10:00 Strength Training 2 <sup>nd</sup> FL <b>17</b> 10:00 Reconditioning Exercises 1 <sup>st</sup> FL 11:30 Bowling- 1 <sup>st</sup> FL 12:15 <b>Patio Picnic</b> 1:30 Group Crossword 1 <sup>st</sup> FL 2:30 Happy Hour 1 <sup>st</sup> FL 4:00 <b>Music with Julia 1<sup>st</sup> FL</b> 3:15 Time Together 5:45 Wheel of Fortune 7:00 Movie-Viewer's Choice	10:00 Strength Training 1 <sup>st</sup> FL <b>18</b> 10:15 Engaging the Senses 1 <sup>st</sup> FL 10:45 News and Views 1 <sup>st</sup> FL 1:30 Debate and Discuss 2:30 <b>Ice Cream Buffet with "Linda Lujan" 1<sup>st</sup> FL</b> 3:45 Movie Classics 6:00 Bingo - 1 <sup>st</sup> FL 7:00 Movie-Viewer's Choice	10:00 Strength Training 1 <sup>st</sup> FL <b>19</b> 10:00 Scenic Drive 10:40 Piano w/Kelvin 1 <sup>st</sup> FL 11:00 You Be The Judge 1 <sup>st</sup> FL 11:30 Dynamic Fitness 1 <sup>st</sup> FL 1:30 Crosswords - 1 <sup>st</sup> FL 2:30 Reader's Haven 1 <sup>st</sup> FL 3:00 <b>Art Therapy w/ Julia - DPOA</b> 3:45 DVD Concerts 5:45 Jeopardy/ Trivia 1 <sup>st</sup> FL 7:00 Movie-Viewer's Choice 1 <sup>st</sup> FL	10:00 Strength Training 1 <sup>st</sup> FL <b>20</b> 10:15 Physical Stimulation 1 <sup>st</sup> FL 10:45 Coffee, Tea & Else 1 <sup>st</sup> FL 1:30 Unscramble Me 1 <sup>st</sup> FL 2:30 Happy Hour 1 <sup>st</sup> FL 3:15 1-1 Visits 3:45 Documentary Hour 1 <sup>st</sup> FL 5:45 CyberTime: Let's Laugh 7:00 Top Movie Picks	10:00 Reconditioning Exercises 1 <sup>st</sup> FL <b>21</b> 10:45 Can You Name 5? 1 <sup>st</sup> FL 1:30 Summer Craft 1 <sup>st</sup> FL 2:45 <b>Experiencing Mindfulness 1<sup>st</sup> FL</b> 3:45 Movie: Viewer's Pick 1 <sup>st</sup> FL 5:30 <b>Music with Julia 1<sup>st</sup> FL</b>		
10:00 Exercises-1 <sup>st</sup> FL <b>22</b> 11:00 Brain Quest-1 <sup>st</sup> FL 2:00 Church Service 1st FL <u>Catholic</u> 2:45 Reminiscing - Hollywood 1 <sup>st</sup> FL 3:45 Movie-Viewer's Choice 1 <sup>st</sup> FL	10:00 Reconditioning Exercises 1 <sup>st</sup> FL <b>23</b> 11:15 Coffee, Tea & Else 1 <sup>st</sup> FL 1:30 Gardening 1 <sup>st</sup> FL 2:30 Strength Training 1 <sup>st</sup> FL 2:30 <b>Armchair Tourist 1<sup>st</sup> FL</b> 3:00 <b>Art Therapy w/ Julia DPOA</b> 3:15 1-1 Visits 3:45 Series Hour 5:45 Music Appreciation- 1 <sup>st</sup> FL 7:00 Movie-Viewer's Choice	10:00 Strength Training 2 <sup>nd</sup> FL <b>24</b> 10:00 Reconditioning Exercises 1 <sup>st</sup> FL 11:30 Garden Walks- 1 <sup>st</sup> FL 1:30 Group Crossword 1 <sup>st</sup> FL 2:30 Happy Hour 1 <sup>st</sup> FL 4:00 <b>Music with Julia 1<sup>st</sup> FL</b> 3:15 Time Together 5:45 Trivial Pursuit 7:00 Movie-Viewer's Choice	10:00 Strength Training 1 <sup>st</sup> FL <b>25</b> 2:30 Exercises/Games with Maribel 1 <sup>st</sup> FL  <b>5:00 Resident &amp; Family BBQ with "The Hester Creek Band"</b>	10:00 Strength Training 2 <sup>nd</sup> FL <b>26</b> 10:00 Reconditioning Exercise 1 <sup>st</sup> FL 10:40 Piano w/Kelvin 11:00 Random Trivia 11:30 Dynamic Fitness 1:30 Crosswords - 1 <sup>st</sup> FL 2:30 Reader's Haven 1 <sup>st</sup> FL 3:00 <b>Art Therapy w/ Julia - DPOA</b> 3:45 DVD Concerts 5:45 Bingo 1 <sup>st</sup> FL 7:00 Movie-Viewer's Choice 1 <sup>st</sup> FL	10:00 Strength Training 1 <sup>st</sup> FL <b>27</b> 10:15 Physical Stimulation 1 <sup>st</sup> FL 10:45 Coffee, Tea & Else 1 <sup>st</sup> FL 1:30 Words in a Word 1 <sup>st</sup> FL 2:30 Happy Hour 1 <sup>st</sup> FL 3:15 1-1 Visits 3:45 Documentary Hour 1 <sup>st</sup> FL 5:45 CyberTime: Tropical Travels 7:00 Top Movie Picks	10:00 Reconditioning Exercises 1 <sup>st</sup> FL <b>28</b> 10:45 Game of Knowledge 1 <sup>st</sup> FL 1:30 Baking & Tea Social 1 <sup>st</sup> FL 2:45 Bean Bag Toss & Trivia 1 <sup>st</sup> FL 3:45 Movie: Viewer's Pick 1 <sup>st</sup> FL 5:30 <b>Music with Julia 1<sup>st</sup> FL</b>		
10:00 Hymn Sing 1 <sup>st</sup> FL <b>29</b> 10:45 Facts & Fun- 1 <sup>st</sup> FL 1:30 Exercises- 1 <sup>st</sup> FL 2:30 Ice-Cream Social- 1 <sup>st</sup> FL 3:45 Movie-Viewer's Choice-1 <sup>st</sup> FL 5:45 Piano with Bill 1 <sup>st</sup> FL	10:00 Reconditioning Exercises 1 <sup>st</sup> FL <b>30</b> 11:15 Coffee, Tea & Else 1 <sup>st</sup> FL 1:30 Tea Social –Chicken Soup Stories 2:30 Strength Training 1 <sup>st</sup> FL 2:30 Reader's Haven 3:00 <b>Art Therapy w/ Julia DPOA</b> 3:15 1-1 Visits 3:45 Series Hour 6:00 <b>Dance Party with "The Kintones" 1st FL</b> 7:00 Movie-Viewer's Choice	10:00 Strength Training 2 <sup>nd</sup> FL <b>31</b> 10:00 Reconditioning Exercises 1 <sup>st</sup> FL 11:30 Bean Bag Toss- 1 <sup>st</sup> FL 1:30 Group Crossword 1 <sup>st</sup> FL 2:30 Happy Hour 1 <sup>st</sup> FL 4:00 <b>Music with Julia 1<sup>st</sup> FL</b> 3:15 Time Together 5:45 Wheel of Fortune 7:00 Movie-Viewer's Choice	<h1 style="color: green;">West Court- Care Home</h1> <h1 style="color: blue;">July 2018</h1>				 <p><b>KinVillage</b> Live.Care.Connect.</p>	