

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Day Program For Older Adults

February 2018



					Coffee Klatch Piano with Kelvin Exercises Lunch Picture Bingo Reminiscing	1 Coffee Klatch Exercises Art Therapy Lunch Ground Hog Day: Facts & Trivia Word Search	2 Coffee Klatch Music w/Joanne Exercises Lunch Art Exploration- Heart Tree Painting Cards	3
	4 Coffee Klatch Exercises Word Jumbles Lunch Coffee Tasting & Trivia Colour Therapy	5 Coffee Klatch Mind Joggers Exercises Lunch Music Therapy Picture Books	6 Coffee Klatch Exercises Cyber Time Lunch Entertainment with "Liz & Steve" Puzzles	7 Coffee Klatch Music w/Joanne Exercises Lunch Art Therapy Trivia	8 Coffee Klatch Exercises Current Events Lunch Group Crosswords Scrabble	9 Coffee Klatch Name 3 Exercises Lunch Picture Bingo Busy Hands	10	
	11 <p style="text-align: center; color: red; font-weight: bold;">CLOSED</p>	12 Coffee Klatch Mardi Gras: Masks Exercises Lunch Music Therapy Golden Expression	13 "Valentines Day Celebration" Exercises Lunch Love Stumpers Board Game	14 Coffee Klatch Find the Numbers Exercises Lunch Entertainment with "Allan Boolinoff" Magazine Browse	15 Coffee Klatch Exercises Art Therapy Lunch in at CC Chinese New Year: Traditions & Superstitions	16 Coffee Klatch Exercises Find the Numbers Lunch Art Exploration Puzzles	17	
	18 Coffee Klatch Exercises Mad Gab Sayings Lunch Music Appreciation Scrabble	19 Coffee Klatch Scattergories Exercises Lunch Music Therapy Destress with Colour	20 Coffee Klatch Exercises Cyber Time Lunch Health Presentation: Heart & Stroke Trivia	21 Coffee Klatch Chatterbox Exercises Lunch Art Therapy Busy Hands	22 Coffee Klatch Exercises What's in the News Lunch Snooker & Ladies Gab Word Search	23 Coffee Klatch Music w/Joanne Exercises Lunch Health Presentation: Heart & Stroke Board Games	24	
	25 Coffee Klatch Exercises Can You Name 5? Lunch Group Crossword Bingo	26 Coffee Klatch Find the Numbers Exercises Lunch- Dine In Music Therapy Busy Hands	27 Coffee Klatch Exercises Current Events Lunch Memory Masters Word Searches	28				