

## ElderCollege Delta Courses Spring 2017

### Technology

#### **A28 BYOD- Learn Windows 10**

Quick and easy – that’s what it’s all about in this BYOD (Bring Your Own Device) Windows 10 class. Learn how to get the most out of, and enjoy your own Windows 10 computer. Topics covered are web browsers, email and webmail, home screen navigation and Windows 10 upkeep and touching on web based office programs such as Google Docs and/or Outlook Office. Louise teaches from her book “My Parents Learn Windows 10”, which will be available at a reduced price to the class. Students need to bring their own Windows 10 laptop/tablet as devices will NOT be provided. Louise recommends that you have already set up your Microsoft account/email address. Basic computer skills are essential for this class.

*Presenter--Louise Latremouille (Author/Publisher of the “My Parents” Computer Book series)*

**2 sessions: \$20 Class Size: Max 10**

**Wednesdays: Mar 29, Apr 5**

**10:00am–Noon**

*KinVillage Community Centre  
Multi-purpose Room,  
5430 10<sup>th</sup> Ave, Tsawwassen*

#### **B28 iPad for Beginners**

The iPad has become the go-to alternative to using a full computer. It has many of the same features but is much simpler to use. This course is for beginners who want to become more familiar with the various iPad components. You will be introduced to the settings menu and the use of features such as Contacts, Safari, Email, Camera, and downloading and using Applications (aka ‘apps’) from the Apple Store. Participants must bring their own FULLY CHARGED iPads to class.

*B28 a) Presenters—Paul and Kathleen Vanderwood (Returning Presenters)*

**3 sessions: \$30 Class size: max 8**

**Saturdays: Mar 11, 18, 25**

**10:15am–12:15pm**

*KinVillage Community Centre  
Multi-purpose Room  
5430 10<sup>th</sup> Ave, Tsawwassen*

*B28 b) Presenters—Brent and Sue Koot (Retired Delta Educators)*

**3 sessions: \$30 Class size: max 8**  
**Tuesdays: Mar 7, 14, 21**  
**10:00am–Noon**

*KinVillage Community Centre*  
*Multi-purpose Room*  
*5430 10<sup>th</sup> Ave, Tsawwassen*

### **C28 Beyond iPad Beginners (BiB)**

Have you mastered the basics of your iPad, but you still find yourself asking “I wonder how I....”? Then this course is for you! Brian will lead you through some interesting topics to help you get more out of your iPad. Together you will explore: a) taking pictures and working with photos (sending them as attachments, uploading, editing, and organizing/storing them); b) How to use contacts and calendars, reminder and notes to keep you organized; c) using your iPad as a source of news and reading material, including downloading library books!

*Presenter—Brian Outerbridge (Retired Educator)*

**3 sessions: \$30 Class size: max 8**  
**Wednesdays: Mar 1, 8, 15**  
**10:00am–Noon**

*KinVillage Community Centre*  
*Multi-purpose Room*  
*5430 10<sup>th</sup> Ave, Tsawwassen*

### **D28 Android Tablet for Beginners**

This course for new tablet users will get you on the road to having some fun using both the Android system and the Internet. You will learn the basics of operating the tablet, how to set up Wi-Fi and how to connect to YouTube to watch, download and upload videos. Visit the Google Play store for downloading apps (applications) to enhance the tablet experience. If you have a special topic or interest, there is an ‘app’ for it. Participants will also learn how to set up and use email, use the web browser, and the most effective way to search for a topic.

*Presenter—Ken McGrath (Broadcaster and Internet Professional)*

**4 sessions: \$40 Class size: max 8**  
**Saturdays: Apr 8, 15, 22, 29**  
**10:15am–12:15pm**

*KinVillage Community Centre*  
*Multi-purpose Room*  
*5430 10<sup>th</sup> Ave, Tsawwassen*

### **E28 Genealogy Online – How to Research your Family Tree**

In this course, you will learn what tools are available to research your ancestry via the internet. By looking closer at one of the more popular and widely used genealogy websites, you will learn what special features and services are most effective for tracing your roots and building your family tree. You will also learn how DNA testing can assist you in researching your ancestry. Participants are encouraged to subscribe to ancestry.ca in readiness for this class.

*Presenter—Peter Tait (Systems Analyst and Genealogy Enthusiast)*

**2 sessions: \$20 Class size: max 8**

**Wednesdays: Apr 12, 19**

**7:00–9:00pm**

*KinVillage Community Centre*

*Multi-purpose Room*

*5430 10<sup>th</sup> Ave, Tsawwassen*

### **F28 Downloading and Editing Digital Photos**

Learn how to download your photos from your camera onto your computer. Once there, file them in an easy to find folder and rename it so that you never forget where to look again! Learn to edit photos to make them look their best by cropping, eliminating “red-eye”, straightening, adjusting lighting and adding text. With editing and enhancing completed, we will look at ways of saving them and showing them on your own TV.

*Presenter—Ivor Hewitt (Returning Presenter)*

**3 sessions: \$30 Class size: max 8**

**Tuesdays: Feb 28, Mar 7, 14**

**2:00-4:00pm**

*KinVillage Community Centre*

*Multi-purpose Room*

*5430 10<sup>th</sup> Ave, Tsawwassen*

### **G28 Prepare Your Own Online Tax Return**

Are you still filling out your income tax returns by hand or perhaps paying an accountant to do it for you? This program is being offered to those who wish to prepare and file their Income Tax return using an online service. Presenter Dan McGrath, will share his knowledge of the online UFile software. By the end of the class, students should either have completed and filed their Return, or will be able to finish it at home. Depending on the amount of income, some students may have to pay for the cost of preparing their return online.

*Presenter—Dan McGrath (Returning Presenter and ElderCollege Delta Treasurer)*

**2 sessions: \$20 Class size: max 8**

**Tuesdays: Mar 21, 28**

**2:00–4:00pm**

*KinVillage Community Centre*

*Multi-purpose Room, 5430 10<sup>th</sup> Ave, Tsawwassen*

## **H28 Social Media for Beginners: Facebook & Pinterest**

This course for new Social Media users will get you on the road to having some fun with Facebook and related sites such as Pinterest, Instagram and Twitter. You will learn how to set up your own Facebook account and add friends and family to your “Friends” list. You’ll see how to post pictures and videos and how to link to the other social media sites. Pinterest is a well organized and user friendly social site which acts like a digital bulletin board or ‘pin’ board of images and ideas in an endless array of topics for every hobby or interest. Attendees must already be familiar with and be using daily computer and iPad skills such as email and word processing.

*Presenter—Ken McGrath (Broadcaster and Internet Professional)*

**3 sessions: \$30 Class size: Max 8**

**Wednesdays, Mar 1, 8, 15**

**2:00–4:00pm**

*KinVillage Community Centre*

*Multi-purpose Room*

*5430 10<sup>th</sup> Ave, Tsawwassen*

## **J28 iPods/iPhones/Tablets Support**

**BYOD&Q - Bring Your Own Device and Questions** is a fun, relaxing ‘drop-in’ session designed to answer questions/concepts/steps that have challenged you at home. This is not a lecture/lesson class and is not a review class. It is an opportunity to present a problem you have encountered and to ask a question whose answer has eluded you. Best part of the class may be expanding your knowledge and skills through the shared questions of others. Come share your questions and help others, too!

*Two or more of our technology presenters will be present to co-facilitate this class.*

**1 session: \$10 Class size: max 10**

**J28 a) Wednesday: Mar 22 OR**

**J28 b) Wednesday: Mar 29**

**2:00-4:00pm**

*KinVillage Community Centre*

*Multi-purpose Room*

*5430 10<sup>th</sup> Ave, Tsawwassen*

## **Health and Wellness**

### **K28 Stress Reduction Through Meditation and Gentle Movement**

Designed for every body, regardless of physical mobility, this six-week series will provide tools for dealing with daily stress and related anxiety. Through focused breath work, guided meditation and gentle movement, you will learn more about yourself and how you relate to stress. Each session will include a facilitated circle where you may share and learn from others. A weekly theme and homework will be provided to extend your learning outside of the session. NOTE: Please bring your own yoga mat and cushion. For those without, some props, mats and chairs will be available.

*Presenter - Beth Triano (Yoga Therapist)*

**6 sessions: \$60 Class size: max 10**

**Wednesdays: Mar 1, 8, 15, 22, 29; April 5**

**7:00–9:00pm**

*KinVillage Community Centre,  
Multi-purpose Room  
5430 W10th Ave, Tsawwassen*

### **L28 Superfoods Boost Workshop**

Come learn about superfoods from here and from around the world. Keyrsten will provide detailed information about how to boost your diet with superfoods and decide which superfoods would be good for you personally. In a fun and interactive environment, you will have an opportunity to sample some superfood snacks, some of which you may not have seen or tried before!

*Presenter – Keyrsten McEwan RHN (Registered Holistic Nutritionist)*

**1 session: \$10 Class size: max 20**

**Thursday: Mar 23**

**1:00-3:00pm**

*Vidal Court Dining Room  
5492 11<sup>th</sup> Ave, Tsawwassen*

## Languages

### **M28 a) Le Café Français**

This class will kindle your desire to actively use spoken French in authentic situations while improving your conversational skills. Topics will include art appreciation, travel, hobbies, culture and more. Students wishing to register should have some previous knowledge of French. Those who have taken a recent class with Mariette will find this course a natural continuation. New students are welcome and should consult with the instructor as to language level before the class begins.

*Presenter - Mariette Hains (Retired Language Teacher)*

**6 sessions: \$60 Class size: max 20, min 8**

**Mondays: Mar 6, 13, 20, 27; April 3, 10**

**1:00 – 3:00 pm**

*Ladner United Church Multi-purpose Room  
4960 48<sup>th</sup> Ave, Ladner*

### **M28 b) Spanish Beyond Beginners – But Not Too Far!**

This Spanish course will encourage you to build on the Spanish words that you remember from a previous class or travel experience. Each session will focus on a different topic, such as food, travel, shopping and emergency needs. Come share your experiences in a low stress environment. This course will be suitable for those who took **Snowbird Survival Spanish 1** in the fall as well to others who have had an introductory experience to Spanish. Not sure if this course is the right level for you? Please contact the ElderCollege Delta office to speak with the presenter.

*Presenter - Sue Lloyd (Retired Language Teacher)*

**4 sessions: \$40 Class size: max 20, min 8**

**Thursdays: Apr 6, 13, 20, 27**

**1:00 – 3:00 pm**

*Vidal Court Dining Room  
5492 11<sup>th</sup> Ave, Tsawwassen*

## Visual and Performing Arts

### **N28 Exploring Abstract Art**

Come explore the story of abstract art while dabbling in the techniques made famous by artists such as Picasso, Braque, Mondrian, Kandinsky and Rothko, among others. Learn by doing! No art training is necessary, yet you'll surely go home with a masterpiece or two of your own making! Bring a black Sharpie to the first class. Any additional materials, inexpensive and readily accessible, will be outlined at that time.

*Presenter - Sally Roberts (Retired Art Educator)*

**4 sessions: \$40 Class size: max 15**

**Wednesdays: Mar 8, 15, 22, 29**

**1:00–3:00pm**

*Ladner United Church Multi-purpose Room*

*4960 48<sup>th</sup> Ave, Ladner*

### **P28 Lino Printmaking**

This will be the fifth session that Kit and Peter have offered to ElderCollege on simple printmaking techniques. Whether you are a beginning artist/printmaker or an experienced one, there is always something to learn in this lively community. Two sessions will be held at KinVillage followed by a day trip to Galiano Island to work in Kit and Peter's studio on the water at Whaler Bay.

*Presenters - Kit Grauer & Peter Scurr (Retired Art Educators)*

**3 sessions: \$30 Class size: max 10**

**Tuesdays: Apr 11 & 18\***

**1:00–3:00 pm**

*KinVillage Community Centre*

*Multi-purpose Room,*

*5430 10<sup>th</sup> Ave, Tsawwassen*

***\*Third session at the artists' studio on Galiano Island on April 25***

### **Q28 The Drama Studio**

Come to the Drama Studio and have fun learning drama techniques while working with a supportive group of "fellow thespians". Morgan will lead you in interactive drama and play-building activities that are not only pure play – they also bring out the storyteller and inventor in you! No previous performance or drama background is required – just your imagination. Returning as well as new participants are encouraged to join this semester's program.

*Presenter - Morgan Gadd (Retired Drama Educator)*

**4 sessions: \$40 Class size: max 18, min 6**

**Tuesdays: Apr 4, 11, 18, 25**

**1:00–3:00 pm**

*Cedar Park Church Heritage Room*

*5300 44<sup>th</sup> Ave, Ladner*

## Music

### **R28 Friday Afternoon at the Opera**

Come explore and appreciate the world's greatest musical works of art. Witness their emotional content and lasting popularity. This semester, you will enjoy the following operas: "Carmen" by Georges Bizet, "Rigoletto" by Giuseppe Verdi, "The Marriage of Figaro", by W.A. Mozart, and "The Mikado" by Gilbert and Sullivan. Be sure to join us for Friday afternoon at the opera!

*Presenter - Rod Asher (Musical Accompanist, ElderCollege Singers)*

**4 sessions: \$40 Class size: max 25**

**Fridays: Mar 31; Apr 7, 21, 28**

**1:00-4:00 pm**

**(No class Good Friday, April 14)**

*Augustine House Media Room*

*3820 Arthur Drive, Ladner*

*(please park in the Sacred Heart parking lot)*

### **S28 The Development of New Orleans Jazz**

New Orleans Jazz is two or more musical voices improvising collectively on any known melody and "syncopating" it. Discover how jazz evolved from "whorehouse music" to the "Traditional Jazz music of today. Howard will base his presentation on the material of his late friend and musician, Jim Marsh.

*Presenter - Howard Solverson (Musician)*

**1 session: \$10 Class size: 25**

**Friday: Mar 24**

**1:00-3:00pm**

*Augustine House Media Room*

*3820 Arthur Drive, Ladner*

*(please park in the Sacred Heart parking lot)*

## Literature and Writing

### **T28 Sinclair Lewis' *Babbitt*: The Power and Effectiveness of Satire**

The subject of the American Dream has been a popular subject for many novelists including Sinclair Lewis. In his popular and widely-acclaimed novel, *Babbitt*, Lewis takes great delight in attacking the American Dream and middle class society through his skillful and thought-provoking use of satire and parody. Using *Babbitt* as our focus, we will discover not only the satirical techniques used by Lewis but also how his themes have a direct connection to today's society.

A NOTE REGARDING THE TEXT: a number of inexpensive editions, including e-books, are available.

*Presenter - David Hunt (Retired Educator)*

**4 sessions: \$40 Class size: max 20**  
**Thursdays: Apr 6, 13, 20, 27**  
**1:00–3:00pm**

*Cedar Park Church Heritage Room*  
*5300 44<sup>th</sup> Ave, Ladner*

### **U28 The Fascination of Journal Writing**

The act of keeping a journal is the recording of the very fascination of life – its novelty, unpredictability, and changes. People have kept journals over time that have given us insights into the lives of different peoples and cultures. At the same time, they have also given themselves, as writers, insight into their own lives. Over four sessions, Cecilia will lead you to explore your own voice and style while experimenting with different journal writing approaches.

*Presenter - Cecilia Mavrow (Retired Instructor)*

**4 sessions: \$40 Class size: max 15**  
**Thursdays: Mar 9, 16, 23, 30**  
**1:15-3:00pm**

*Augustine House Bakerview Lounge*  
*3820 Arthur Drive, Ladner*  
(please park in the Sacred Heart parking lot)

## **History**

### **V28 The Not So Boring History of Canada**

Many of us came to Canada as immigrants so we were not taught the history of Canada except for the contents of the citizenship package. Those who went to school here may have forgotten their Canadian history or found it boring in the first place and slept through the classes.

This year, the celebration of the sesquicentennial of Canadian Confederation is fostering new interest in our past. Let us explore some intriguing facets of Canadian history together.

*Presenter - Guillermo Bustos (Retired Delta Educator)*

**5 sessions: \$50 Class size: max 30**  
**Wednesdays: Mar 1, 8, 15, 22, 29**  
**1:00–3:00pm**

*Cedar Park Church Heritage Room*  
*5300 44<sup>th</sup> Ave, Ladner*

## Science

### **W28 The Impact of the Jet Stream on Westcoast Weather**

What is the Jet Stream? What causes it? How does it influence our weather? What roles do El Niño and La Niña play and how could Global Warming impact their “behaviour”? Join Environment Canada meteorologist, Ross MacDonald, as he explains this rapidly flowing atmospheric feature and why it is so important for our weather. You are invited, as well, to bring your burning “weather questions”.

*Presenter - Ross MacDonald (Meteorologist with Environment Canada)*

**1 session: \$10 Class size: max 25**

**Tuesday: Mar 21**

**7:00–9:00pm**

*Vidal Court Dining Room*

*5492 11<sup>th</sup> Ave, Tsawwassen*

## Lifestyles

### **X28 Garden Design Workshop**

Do you want to plan a new garden or improve your existing garden, either large or small? This interactive workshop, spread over two evening sessions, is suitable for non-gardeners and seasoned gardeners alike. Bring your questions and hopes; take home ideas and inspiration in time for the start of the spring gardening season!

*Presenter - Angelike Hedley (Local Gardener and Retired Educator)*

**2 sessions: \$20 Class size: 25**

**Tuesdays: Mar 28, Apr 4**

**7:00–9:00pm**

*Vidal Court Dining Room*

*5492 11<sup>th</sup> Ave, Tsawwassen*

## Aging Proactively

### **Y28 a) Creating Intentional Communities Part Two**

Learn about a variety of intentional communities currently being self-developed by small to medium sized groups of people looking for affordability and opportunities for social engagement. This overview will be followed by an in-depth look at co-housing and the different finance models that have been used to create these communities. This session will build on ML Burke’s fall session, but is also suitable for those starting to explore intentional communities.

*Presenter - ML Burke (Delta Seniors Planning Team; BC Seniors Advocate’s Advisory Council)*

**1 session: \$10 Class size: max 25**  
**Thursday: Mar 30**  
**1:00–3:00pm**

*Cedar Park Church Heritage Room*  
*5300 44<sup>th</sup> Avenue, Ladner*

**Y28 b) Scams and Pressure Sales: Learning How NOT to Buy**

Salespeople are trained to sell but we, their perfect prospects, are not trained to resist! Learn to identify the strategies and tools that salespeople use to carefully and gently lead you down the path to signing on the dotted line. Maybe they don't even need you to sign on any dotted line – they just need you to be interested and curious! Seniors, in particular, are vulnerable to the psychological 'tricks' of selling and that is why we read and hear of so many scams today where seniors are the victims. This session will put the tools in your hands to help you avoid being duped and to help you say 'No' and mean it.

*Presenter - Ivor Hewitt (Retired Sales Manager)*

**1 session: \$10 Class size: 20**  
**Tuesday: Apr 4**  
**2:00–4:00 pm**

*KinVillage Community Centre*  
*Multi-purpose Room*  
*5430 10<sup>th</sup> Ave, Tsawwassen*

**Y28 c) Loss and Change as We Age**

Part of aging well can be learning to embrace life while also acknowledging loss and change (including: retirement, loss of social connections, loss of mobility, health status and illness). Margaret Fletcher will present information about understanding and coping with loss, as well sharing resources available through the Delta Hospice Society.

*Presenter - Margaret Fletcher (Grief Counsellor, Delta Hospice)*

**1 session: \$10 Class size: max 30**  
**Wednesday: Apr 12**  
**1:00–3:00pm**

*Cedar Park Church Heritage Room*  
*5300 44<sup>th</sup> Ave, Ladner*

## FIELD TRIPS

**NOTE: To take part in the following field trips, participants must have a good level of stamina and fitness. Both field trips involve walking and standing for up to two hours without sitting, and the navigation of stairs and uneven surfaces. Supportive walking shoes and dressing for the weather are recommended.**

### **FT 1 Visit to the TRIUMF Facility at UBC**

You have the opportunity to participate in a private, one and a half hour, tour of the **TRIUMF** facility at UBC. **TRIUMF**, Canada's leading nuclear and particle physics laboratory, is home to the world's largest Cyclotron particle accelerator, fueling the science and innovations of the future. The facility includes a centre for treating eye cancers and laboratories that explore reactions in stars and possibility of new elements, among other experiments.

Starting from the birth of experimental particle physics, we will take you from our cloud chamber display to the jungle of science that lies within the facility, including the main control room, the rooftop of the Cyclotron, vintage instruments, and a "zoo" of physics experiments that delve into the magic that lies within the centres of atoms.

Join us at TRIUMF this March to get a deeper insight into the minuscule science that lies within the building blocks of our universe!

**NOTE: This field trip requires a good level of fitness and is not recommended for those with pacemakers.**

#### Group Schedule

Group departure by KinVillage bus from KinVillage Community Centre at 8:30 am.

Return by KinVillage bus to KinVillage following tour.

The field trip cost includes \$6.00 charge plus parking fees for the bus.

<b>1st session: \$16 Class size: max 14</b>	<b>Friday, March 3</b>
<b>**2<sup>nd</sup> session: \$16 Class size: max 14</b>	<b>Friday, March 10</b>

\*\*We will fill the first session first. The 2<sup>nd</sup> session will only be filled if there is additional demand.

## **FT 2 Explore the History of Stanley Park**

Stanley Park: it's where runners jog the seawall. Commuters breeze through on their way home. Tourists battle for photos. Stanley Park features in every single Vancouver brochure and guide book! It has the Lions Gate Bridge, the beaches, the trees. Everyone knows Stanley Park, right?

Wrong! Stanley Park was seized from those who called it home. It was a prehistoric forest logged to the last stump. It became a military reserve. It's been the scene of shocking crimes, police cover-ups, and criminal hide-outs. It is home to long lost cemeteries, and to the ghosts of long dead sailors.

Around the park has grown a glistening modern city of glass and steel, but Vancouver's history still lies beneath the trees, if you know where to look.

Our exploration tour of Stanley Park from an historical perspective will inspire in you an understanding of the rich story of this beloved part of the city of Vancouver.

Following this guided visit from 10:30 am to 12:30 pm, there may be an opportunity to take lunch before returning to Delta, facilities permitting. Further details will be shared with participants closer to the date. **Please note that this field trip requires a good level of fitness. Good walking shoes and suitable clothing recommended.**

### Group Schedule:

Group departure by KinVillage bus from the KinVillage Community Centre at 9:00 am. Return by KinVillage bus. **The fieldtrip cost includes a \$6.00 charge per participant for the bus.**

### **Tour Guide: Will Woods of "Forbidden Vancouver"**

**1 session: \$26 Class Size 14\***

**Friday, May 5**

**9:00am–3:00pm (approximate return time)**

**\*Note:** If interest exceeds the bus capacity limits, 3 additional spaces may be available at \$20 each for individuals who can provide their own early morning and return transportation arrangements. A wait list will be created if needed.

## **Special Presentation – Members Only**

This is a FREE presentation open to ECD members only.

### **The Past, Present, and Future of Electoral Reform in Canada**

**Presented by David Moscrop**

(Vanier Scholar and Political Science PhD Candidate at UBC)

The uncertainty of how Canada should approach electoral reform continues. Following country-wide “town hall” meetings and the inconclusive work of an appointed council, we are now waiting to hear what will be the next step in the dialogue. So far, the process has been at times chaotic and, until now, unfruitful.

David Moscrop believes that a productive and engaging debate about electoral reform will provide a value-added service to Canadians like ourselves who are “trying to navigate uncertain ...waters without weighing in themselves”.

In his presentation, David will look at the history of electoral reform attempts in Canada and explain how we have come to the 2015 – 2017 reform effort. He will outline the arguments for and against reform, in general, and explain how different electoral systems might change the Canadian political landscape. What might the future hold for electoral reform in Canada?

**Saturday, April 1, 2017  
10:00am–Noon**

**Cedar Park Church  
5300 44<sup>th</sup> Avenue  
Ladner**

**Please note that registration is required to attend the above presentation. Sign up at registration, by email ([eldercollegedelta@kinvillage.org](mailto:eldercollegedelta@kinvillage.org)) or by phone after February 21, 2017 (604-943-0262)**

## **Special Community Presentation**

This is a FREE presentation open to anyone in the community.

### **The Economics of Kindness:**

## **The End of Capitalism and the Birth of a New Cooperative Economy**

**Presented by Guy Dauncey**

(Author of Journey to the Future and  
The Climate Challenge: 101 Solutions to Global Warming)

Today's economy has become for many a kindness-free zone in which most of the benefits go to the rich, while others suffer and nature is assaulted. Capitalism is based on the competitive pursuit of self-interest, but now a new economy is emerging to replace it, based on cooperation and kindness. It is being built in cities and on farms, in new kinds of business and banking, and in new approaches to work.

Guy Dauncey is a futurist who works to develop a positive vision of a sustainable future, and to translate that vision into action. His work has been enthusiastically received by environmental activists, politicians, scientists and community planners, including prominent Canadians such as David Suzuki and Elizabeth May.

Join us as we explore this movement and discuss what we can do to advance it. You are encouraged to invite your friends and family to share in this session.

**Saturday, April 15, 2017**

**10:00 am – Noon**

**Cedar Park Church  
5300 44<sup>th</sup> Avenue  
Ladner**

**Please note that registration is required to attend the above presentation.**

**Sign up at registration (see details on back cover), by email ([eldercollegedelta@kinvillage.org](mailto:eldercollegedelta@kinvillage.org)) or by phone after February 21, 2017 (604-943-0262)**