

September 2023



# MESSAGE FROM THE CEO

## AUGUST WAS A MONTH TO REMEMBER!

The first weekend was a three-day celebration of fun in the sun, with the Tsawwassen Sun Festival. At the Rotary Club sponsored parade, the Community Spirit Award was bestowed upon KinVillage. Kudos to everyone involved in representing programs and services that support older persons in Tsawwassen so well. Let's keep that community spirit alive and thriving all year long!

By mid-month, the long-awaited ground breaking ceremony was held at the new North Court construction site, an important step in the KinVillage master plan transforming housing, programs and services to meet the changing needs of an ageing community.

The Day Program provides a variety of therapeutic and supportive services to older persons with the aim of improving their health and wellbeing so they can remain in their homes as long as possible.

At month's end, Autumn is in the air and plans are underway for September including the September 16th 7 Over 70 Awards and Gala being held at Tsawwassen Springs to celebrate the remarkable achievements of older adults - a true testament that greatness knows no age limit!

Also, on September 12th, KinVillage Association will hold its Annual General Meeting (AGM) to reflect on the year that has passed and look ahead to the next year. KinVillage is a unique community with a continuum of outreach community-based services, a Community Centre, on-site day programs and a variety of housing, assisted living, and long term care. Sharing this story with the public has become a top priority told through a new website and a concerted effort to promote the way KinVillage has impacted the lives of older adults. This narrative will be shared in an Annual Review publication reporting on the state of KinVillage as we build for tomorrow.

As you may be aware, KinVillage is a non-profit organization governed by a volunteer Board of Directors. The members of the Board focus on the high-level strategy, oversight, and accountability of the organization. This contrasts with leaders and employees who oversee the day-to-day operations including receiving feedback from you on how programs and services can be improved to better meet the needs of older persons. The goal of the Board and Leadership Team is to create a future where older adults will live life to the fullest at every age and stage of life, wherever they are on their ageing journey. It's a future where growing older fuels hope, with the start of a new beginning.

We are grateful to the KinVillage community whose support has begun, and will continue to be, integral to a successful future as we together face the challenges of our times.

KinVillage will continue to tirelessly push forward, to expand the impact on the lives of older persons. Day by day, we are rethinking the future of ageing both on the Tsawwassen campus and beyond.



DAN LEVITT MSC., CHE



# CHANGES AT KINVILLAGE

**We proudly marked the official ground breaking of our 152 unit seniors' affordable rental housing complex on 54A Street! With a wide range of rent options, including income-based, market rates, and deep-subsidy rates for those of income assistance, we are creating an inclusive environment for everyone.**

**This building will also include space for an Enhanced Day Program for Older Adults on the main floor. This will allow seniors to stay at home longer, promotes an active lifestyle and provides caregivers with much needed support.**



**The West Court family room renovation has begun!! New Vision Projects is donating their expertise and trades people for this project. KinVillage also received a generous donation of \$10,000 from a family member to help. The renovation involves closing the 2 existing doorways and creating a new one, new lighting, new paint, new cupboards for the kitchenette and new furniture. We anticipate the project will take approximately 2-4 weeks. During this time there will be no access to the courtyard. Residents and families can access the courtyard before 9:00am and after 2:30pm through the Day Program.**

# WEST COURT COMING EVENTS

## SEPTEMBER

- 1 - Sing A-Long Social with "Vi & Harry" @ 2:30 pm
- 8 - Tribute to Her Majesty the Queen – 1 Year Anniversary & Blueberry Tea @ 2:30 pm
- 12 - Resident BBQ Luncheon @ 12:30 pm
- 12 - Ice Cream Buffet @ 1:15 pm
- 14 - Scenic Bus Drive @ 2:00 pm
- 19 - Dining Out – Buenos Dias Café CC @ 12:30 pm
- 21 - Celebrating Oktoberfest with Slava Alexandrov @ 2:00 pm
- 23 - Celebrating Oktoberfest Armchair Travel & Treats of Germany @ 2:30 pm
- 26 - Resident Council Meeting @ 2:00 pm
- 28 - Twilight Drive @ 6:00 pm
- 29 - Sing A-Long Social with "Vi & Harry" @ 2:30 pm



## CONGRATULATIONS!

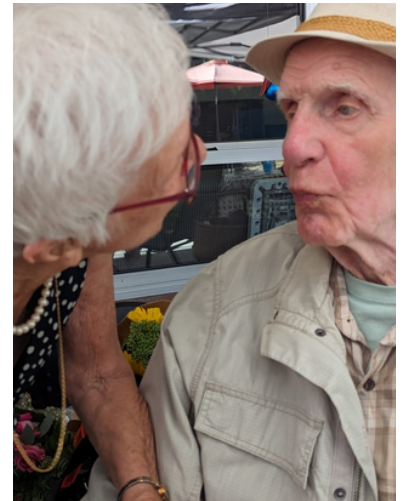


*Happy Anniversary*

**Sören Linder**

**Celebrated**

**65 years of Marriage!**



# WEST COURT NEWS

## Care Home

The month of August was a busy one for our residents at Kinvillage. All the hard work in the garden from residents, staff and volunteers is most certainly paying off. Despite the heat wave and dry weather everything is flourishing in our beautiful garden.

### Highlights that occurred in August are as follows:

Early on in the month we had the tremendously talented piano and singer duo Cathy and Odyn perform for us.

Ice Cream social with Don Nash – residents thoroughly appreciated the musical abilities of our entertainer Don Nash, singing along and enjoying some ice cream.

The Fabulous 50's party in the community center with Colleen Durdon was a massive hit. Residents loved singing along and dancing with Colleen to some fabulous 50's music. In the spirit of the 50's they enjoyed some ice cream floats.

As we say goodbye to August remember to keep this summer's warm memories and sun-kissed happy days in your hearts always.



# SOUTH COURT COMING EVENTS

## SEPTEMBER

### Highlights

- 1: Word Games at 1:00 PM
- 4: LABOUR DAY
- 5: Music Concert in the Lounge at 1:00 PM
- 6: Tenant Forum at 1:00 PM
- 8: Lunch Outing at 11:00 AM
- 12: Java Club at 1:00 PM
- 14: Nature's World at 1:00 PM
- 19: Music Concert in the Lounge at 1:00 PM
- 19: Art Expressions at 1:00 PM
- 20: Food Meeting at 10:30 AM
- 121: Walking with Steve at 2:30 PM
- 24: Shuffle Board at 12:30 PM
- 28: Nature's World at 1:00 PM
- 30: NATIONAL DAY OF TRUTH AND RECONCILIATION



### Bus Trips

- 5: Shoppers 1:00 PM
- 15: Walmart 11:00 AM
- 19: Ladner 1:00 PM
- 22: Casino 11:00 AM

### Pets & Friends

- September 1, 8, 10, 15, 17, & 22: @ 2:00 PM
- September 24 & 29: @ 1:00 PM



# LAST MONTHS ACTIVITIES SOUTH COURT

The weather has made outside activities difficult. We did manage to get a picnic in to Deas Island and had a great time.

Our Art Expression class has been bringing more people down and we are displaying each artist and the work they have done in the class. This month we are celebrating the works of Ellen Inkster.

On the 24th of the month we had our "Rock N Roll" event at the community center, we were also treated to ice cream floats.

The Java Club continues to bring out a large group of people and the topics continue to be very interesting and always leaves us thinking of what was said in the discussion. Not only are we enjoying the company of friends but the chances of meeting new friends.

Next month we are looking forward to exploring more things in "Natures World" It is surprising how much you can still learn even on things you thought you knew it all.

Last but not least we are truly grateful for the entertainment we get every week but more so we are grateful for the volunteers that have come on board to help us out and to have fun with us. A big THANK YOU to Anne and Nick.



# COMMUNITY CENTRE COMING EVENTS

**Thursday 14th, 1:30pm-3:00pm**  
**In the main hall fireside lounge**  
**Entrance by donation**



Some people believe honeybees and backyard chickens can't coexist. Not only can the two species live together, but people can benefit from this setup. Participants will be able to hold and feed the chicken while learning about their history in agriculture, and connection to recycling, sustainability and food security.

Bees can be observed up close, at all stages of their life cycle including the usually secret inner workings of the hive. Participants will learn about the importance of honeybees, native bee species, diseases that impact them, and an understanding of what "Save the Bees" really means. This is an opportunity to try honey directly from the comb and talk about the incredible process of how it's made.



## Welcome Back

## Lunchon



**Tuesday, September 12th starting at 12 Noon**  
**Doors open at 11:30**



Menu: Pan seared chicken, Maple roasted squash, warm potato salad, tomato thyme crème. Dessert, Coffee & Tea

\$14 for members \$16 for guests

Featuring the great vocals of Colleen Durdon!

Get ready to shake, rattle, and roll to Lively music from the 50's and 60's

**THE WAR**  
WITH  
**GRANDPA**



**Movie Matinee Sept 26 @ 1:30 pm**  
**The War with Grandpa**

Peter is thrilled that Grandpa is coming to live with his family--until Grandpa moves into Peter's room, forcing him upstairs into the creepy attic. And though he loves his grandpa he wants his room back, so he has no choice but to declare war. With the help of his friends, Peter devises outrageous plans to make Grandpa surrender the room. But Grandpa is tougher than he looks. Rather than give in, Grandpa plans to get even.



# COMMUNITY CENTRE COMING EVENTS

## Community Centre Manager's Corner

Why is it that when we are young, time seems to pass in slow motion as we wait for special events, or our next birthday? Yet as we get older, time passes like a mad dash to the finish line. So it has been with another summer, flown away on the wings of time.

But it also means we get to welcome you back to the Community Centre after your summer outings and time spent outdoors.

September is full of our old favorites as well as new programs and offerings. Don't forget to mark your calendar for our special events for the rest of the year. There is lots to look forward to.

It's not too late to purchase your 2023 membership. Though two thirds of the year has passed, you will still save on more than a dozen events and two dozen programs. You can also save 50% in the Unique Boutique, the first Monday of every month.

Memberships for 2024 will go on sale in December.

I'd like to pass on a big thank you to our volunteer Program Coordinators who year after year keep their programs organized and running smoothly, and welcome new participants. Without the dedication of these fine individuals, our programs could not operate.

Have a safe and happy long Labour Day weekend. I look forward to seeing you at the Community Centre for all our fun upcoming events.



## *Unique Boutique*

Open 10 am to 2:45 pm Mon. to Fri.

End of Summer Clearance Sale

**SEPTEMBER 1ST TO 15TH**

Show your 2023 KinVillage membership card and receive 50% off summer attire.



Thank you for your patronage.

We also appreciate donations of gently-used, high-end ladies' apparel and accessories including jewellery, purses, and scarves.

No shoes or lingerie. THANK YOU.

# Accreditation Canada – Quality Matters

KinVillage has been accredited for many years by Accreditation Canada (AC), the last accreditation occurring in 2019. Every few years we go through the process of assessing services provided against national standards of excellence, and welcoming AC surveyors. This October KinVillage will be visited by AC surveyors. The three areas that are of focus for accreditation are: West Court Long-term Care, South Court Assisted Living and the Day Program for Older Adults.

Accreditation in health care is an ongoing process of assessing how an organization is performing in relation to national standards of excellence, to identify what is being done well and what areas can be improved in order to offer the best possible care, quality of life and services. Needless to say, we at KinVillage are continuously assessing and reviewing what we are doing, identifying areas that we can improve on, and setting priorities for the upcoming year. We do this through feedback from residents, clients, tenants, families, staff, the community as well as from results of satisfaction surveys and latest best practices in care of older adults.

Post COVID-19 Pandemic, KinVillage has shifted its focus from managing the risk of COVID entering its homes to re-connecting with its vision of building a caring community where every person feels they matter and to support older adults to live their lives fully. A number of projects have been underway including the ground-breaking of the North Court Redevelopment project, enhancing the dining experience for residents, re-opening the Day Program for Older Adults to in-person participation, welcoming back the many volunteers to as the Community Center was reopened offering a wide variety of programs and events, renovating our buildings including applying fresh paint and renovating the family room in West Court, and upgrading both the telephone system and internet connectivity.

In addition to the many projects occurring, we have engaged with residents, clients, tenants, and staff during the day-to-day life of people living and working at KinVillage. We have heard from you including the need to get back to normal with activities for the residents, to bring back arts and music, to cleaning up the gardens, to family functions such as summer barbecues and ice cream socials.

KinVillage has been working hard and is committed to meet the national standards set by Accreditation Canada to provide safe, high-quality care. The accreditation process helps us to validate, identify and celebrate our strengths in addition to identify areas where we can make improvements to achieve safe, high-quality care and services. Everyone's input is vital!

If you wish to learn more about the process, please contact Cynthia Langenberg at  
[clangenberg@kinvillage.org](mailto:clangenberg@kinvillage.org).

## Seniors Community Connector Information Sessions:

The Seniors Community Connector is available to older adults (60+) in South Delta. Come connect with the SCC in regards to your wellness needs. The SCC provides support in making connections within the community in a variety of programs – such as, physical activities, nutritional needs, social engagements, wellness plans and resource navigation.

The SCC will be available to meet with Seniors on the below dates:

September 14th – 1 to 3

October 12th – 1 to 3

November 9th – 1 to 3

Please contact Namrata Bratch  
by phone: 604-943-0155 ext 263 or  
by email: [community.connector@kinvillage.org](mailto:community.connector@kinvillage.org)  
To arrange a meeting time.



CELEBRATING SEVEN  
REMARKABLE LIVES,  
AGED 70 AND BEYOND!



DR. AVIS  
GLAZE



CHEF BRUNO  
MARTI



DR. JACK  
TAUNTON



CARLENE  
LEWALL



PETER  
GUICHON



LESLIE  
ABRAMSON



BILL  
WILMS

SEPTEMBER 16, 2023 | 5:30 - 11:00 PM | TSAWWASSEN SPRINGS BALLROOM

ALL FUNDS RAISED  
WILL HELP SUPPORT  
KINVILLAGE'S  
ENHANCED DAY  
PROGRAM FOR OLDER  
ADULTS



SCAN TO GET  
GALA TICKETS

CONNECT WITH US



TO LEARN MORE VISIT  
[WWW.KINVILLAGE.ORG/7OVER70](http://WWW.KINVILLAGE.ORG/7OVER70)

SPONSORSHIP INFORMATION CONTACT  
KRISTEN AT [KTHOMAS@KINVILLAGE.ORG](mailto:KTHOMAS@KINVILLAGE.ORG)