

October 2023



MESSAGE FROM THE CEO

Before stepping into autumn, KinVillage held its Annual General Meeting (AGM) to look back on the accomplishments of the past year and to look ahead to the next twelve months. This year, Dennis Deslauriers finished his term of President of the Board of Directors and Lois Wilkinson taking on this governance leadership position. During Dennis' time as President much was achieved including the approval to build a 152 affordable apartment building for older people. Lois has much experience in governance with local Delta charities as a Marriage Commissioner and as an Educator with three decades of experience in public education.



7 Over 70 Awards Gala recognized seven people over seventy years of age for their accomplishments in elderhood which gained much media attention for dispelling ageist myths. This included a frontpage story in The Vancouver Sun about one of the esteemed award recipients. The soldout event raised nearly \$200,000 toward an enhanced Day Program for Older Persons (DPOA).

KinVillage is consistently evaluating quality and looking for ways to improve. Think, toast. How would you like your toast to be served to you if you lived at KinVillage. This was an area for improvement and in the dining rooms toast is made in the dining rooms so it is served warm to the preference of each person. This is part of a Persons Centre Care approach to individualized care and service.

One of the ways we measure quality is having Surveyors from Accreditation Canada inspect onsite how KinVillage meets or exceeds national standards every few years. From October 16-18 two Surveyors will be onsite in West Court, South Court and the DPOA to evaluate programs and services. On the morning of Wednesday October 18th the KinVillage community is invited to join us to hear the results of the site survey at a general meeting in the Community Centre.

You may have noticed changes being made around KinVillage such as improvements to Buenos Dias dining space, the family room in West Court, front doors decals on resident rooms, new painting in common areas and many other enhancements. Much of these changes are the result of a culture of philanthropy that has emerged over the past year with the addition of a full time fundraising program to generate revenue with one goal in mind to enhance the lives of older people and those who care for them.

October has come with a gusto with the promise that the 1st of the month marks the International Day of Older Persons followed mid month with Thanksgiving Day. We have much to celebrate and much to be grateful. May you continue to be part of this journey as we work together so each person has the opportunity to live life to the fullest.

Dan Levitt

DAN LEVITT MSC., CHE

KINVILLAGE ALL STAR

The Rotary Club of Tsawwassen presented Peace Builder Awards to Delta Police Const. Mike Tegart and KinVillage resident Paul Madden on Sept. 21 the International Day of Peace.

The Rotary Club Peace Builder Award is presented each year to honour the United Nations'



International Day of Peace. The award recognizes the efforts of individuals, groups, or organizations residing, operating, or contributing to the Tsawwassen community who are actively fostering a peaceful culture and actively countering racism, violence, discrimination, bullying, corruption, and other factors that contribute to peace.

The first award presented at the Sept. 21 ceremony at Rotary Square, was to Paul Madden for his dedication to the restoration and maintenance of KinVillage's Courtyard Garden, which transformed into a tranquil sanctuary for other residents.

Paul moved to KinVillage's care home as his care needs grew, however, this transition occurred during the pandemic when family visits were restricted, and healthcare staff wore masks, making it a challenging adjustment.

With the support of the care home staff, Madden gradually adapted and discovered the Courtyard Garden's significance. Recognizing its need for special attention, he willingly embraced the role of its caretaker amidst the changing lifestyle.

"I have to put a lot of credit on all the volunteers that helped us at KinVillage," he said. "It was run down quite badly when I got there, and I just thought it would look nicer if we did some work on it. "It looks twice as good now. People who are in the care home, they come out to the garden and sit. It's a nice place for them to be."

The other award went to Delta Police Const. Mike Tegart for his role as the conduit between the Tsawwassen First Nation (TFN) and the DPD.

WEST COURT & SOUTH COURT ANNOUNCEMENT

Effective October 3, 2023 West Court Care Home and South Court Assisted Living will require:

Medical Masks:

- **All staff, including volunteers, contractors including entertainers to wear a medical mask while in resident care areas.**
- **All family and visitors are required to wear a medical mask while visiting in common areas, where others are gathered, when participating in indoor events, gatherings, and activities in communal areas of the home. The masks are not required when visiting with a resident in their room, or an assisted living suite.**
- **KinVillage will provide the medical masks.**

Screening:

- **Visitor Hosts will screen visitors for signs/symptoms of respiratory illness, provide and review wearing of medical masks, and direct visitors to perform hand hygiene.**
- **Temperatures will not be taken; immunization status will not be checked and no rapid point of care COVID-19 testing at this time.**
- **Staff are to self-screen for signs/symptoms of respiratory illness.**
- **Please do not visit/come to work if unwell.**





CONGRATULATIONS TO OUR AWARD RECIPIANTS

Over 250 guests and VIPs attended the inaugural sold out 7 Over 70 Awards Gala at Tsawwassen Springs on September 16, 2023.

The event raised nearly \$200,000 toward the expansion of the Day Program for Older Persons at KinVillage.

Two anonymous donors made generous gifts of \$25,000.00 each for the day program.

Two family caregivers gave heartfelt testimonials that deeply moved the audience. They spoke of their experience with their spouse's journey with dementia and the life changing impact of the Day Program for Older Adults at KinVillage. The stories underscored the importance of accessible aged care services located close to home without having to drive to the neighbouring town for Day Programs.

The event began with a lively cocktail reception and the opportunity to bid on silent auction items before guests sat down to a delicious three course meal.

104.3 The Breeze Radio Host Simone Grewal was the gala emcee. MLA Ian Patton, led the live auction, where spirited bidding took place.

The gala continued to dazzle with DJ Mary, who kept the dance floor alive until late in the evening.

Hats off to Kristen, Jubail, and the team, along with the sponsors who put together a very special evening for the 7 over 70 Awards Gala.



(Left to Right: Dr. Avis Glaze, Chef Bruno Marti, Dr. Jack Taunton, Leslie Abramson, Carlene Lewall, Peter Guichon, Bill Wilms.)



WEST COURT COMING EVENTS

SEPTEMBER

- 5 - Thanks Giving Tea 1FL @ 2:30 PM
- 6 - Movie Special - "An Old Fashioned Thanks Giving" 1FL @ 2:30 PM
- 9 - **HAPPY THANKSGIVING**
- 10 - Dining Out - Buenos Dias CC @ 12:30 PM
- 13 - Sing A-Long Social with "Vi & Harry" @ 2:30 PM
- 16 - No Bake Make 1FL @ 2:30 PM
- 19 - Resident Council Meeting 1FL @ 2:00 PM
- 20 - Lounge Social Hour With Linda Lujan 1FL @ 2:30 PM
- 23 - Resident Art Show 1FL @ 2:15 PM
- 24 - Dining Out - Buenos Dias CC @ 12:30 PM
- 26 - Specialty Coffee Cafe 1FL @ 2:30 PM
- 28 - Movie Matinee - "Hubie Halloween" 1FL @ 2:30 PM
- 29 - Pumpkin Carving 1FL @ 1:30 PM
- 31 - Halloween Social Hour 1FL @ 2:00 PM



FAMILY ROOM UPDATE

We are reopening the family room so residents and families can access the courtyard while the weather is still nice.

The renovation is still in progress.

We are waiting for:

- Countertop
- New tables and chairs
- The range hood
- Shelves
- Sconce lighting

We will have a re-opening celebration once the work is complete.



WEST COURT NEWS

Care Home

Last Month's Activities for September 2023

"The windows are open, admitting the September breeze: a month that smells like notepaper and pencil shavings, autumn leaves and car oil. A month that smells like progress, like moving on." -Lauren Oliver

Social Dining – Luncheons

Several residents enjoyed a Barbeque Luncheon and Ice cream buffet with entertainer "Don Nash." The fresh flowers from the garden, table linen and light Musical performance set the mood for sharing conversations about family, travel and life experiences.

Dining In – by Invitation only

Fish and Chips from Buenos Dias Cafe continued to be a big hit. The Dining-in by invitation program will continue in October with a change in menu selection.

Blueberry Tea - sipping specialty Blueberry tea, accompanied by angel food cake, topped with fresh local blueberries, drizzled with Okanagan Blueberry Syrup, topped with fresh whipped cream, a tribute to Majesty the Queen. The dessert was certainly a favorite, as there were requests for seconds.

Oktoberfest: Residents enjoyed German beer and snacks with entertainer Slava Alexandrov, a jaw-dropping performance. An event in celebration of Germany's and the world's largest beer festival, residents Enjoyed in community center.

Additional highlights were our regular programs to keep residents busy and entertaining: Sing-A-Long with Vi & Harry, Movie nights, Documentaries, Armchair travels, Music and Art therapy, and Active Games.

Truth & Reconciliation Day -This day will be honoured by learning and appreciating First Nations culture.

We look forward to a festive October as we celebrate National Seniors Day, Oktoberfest, Thanksgiving and Halloween.



VACCINATION INFORMATION

Vaccination – Protect yourself. Protect your community.

As we are approaching fall and winter, respiratory viruses such as influenza and respiratory syncytial virus (RSV) typically increases. Although the seasonality of SARS-CoV-2, the virus that causes COVID-19, has not been established yet, to help reduce the impact of COVID-19 on the health system while other viruses are circulating and to help protect yourself, your community and the people you care for, **vaccination against Influenza and COVID-19 is highly recommended.**

Why Get Vaccinated?

To protect yourself - Getting vaccinated against influenza and COVID-19 greatly reduces the risk of you catching the virus and if you do catch the virus, your risk of serious harm is significantly lowered.

To Protect Others – Getting vaccinated means it is harder for the COVID-19 and Influenza virus to move between people, reducing transmission within your community and within the care home when you visit your loved one.

To Create a Safer Workplace – Vaccination is a key part of infection prevention that protects your colleagues and your residents and clients.

- Annual vaccination against influenza remains the cornerstone of efforts to control influenza transmission.
- Vaccination against COVID-19 not only protects the individual; it minimizes the opportunity for the virus to spread. Additional doses help maintain your level of protection against severe illness from a COVID-19 infection and offers better protection against the latest variants.

Resources:

<https://www2.gov.bc.ca/gov/content/covid-19/vaccine/booster>

<https://www.canada.ca/content/dam/phac->

[aspc/documents/services/publications/vaccines-immunization/national-advisory-committee-immunization-guidance-use-covid-19-vaccines-fall-2023/statement.pdf](https://www.canada.ca/content/dam/phac-aspc/documents/services/publications/vaccines-immunization/national-advisory-committee-immunization-guidance-use-covid-19-vaccines-fall-2023/statement.pdf)



SOUTH COURT COMING EVENTS

OCTOBER

Highlights

3: Art Expressions @ 1:00 PM

4: Tenant Forum @ 1:00 PM

8: Ring Toss @ 1:30 PM

11: Wii Bowling @ 1:00 PM

12: Nature's World @ 1:00 PM

13: Lunch Outing @ 11:00 AM

15: Mind Games @ 1:30 PM

17: Trivia @ 2:00 PM

18: Food Meeting @ 10:30 AM

22: Word Games @ 1:30 PM

30: VACCINES @ 10:00 AM

31: HALLOWEEN PARTY - COMMUNITY CENTRE @ 1:00 PM



Bus Trips

3: Ladner 1:00 PM

20: Walmart 11:00 AM

24: Ladner 1:00 PM

27: Casino 11:00 AM

Pets & Friends

1, 6, 8, 13, 15, 20, 22, & 29 @ 2:00 PM

17 & 27 @ 1:00 PM



LAST MONTHS ACTIVITIES SOUTH COURT

September has had us enjoying mother nature! The weather has allowed us to get outside to do our exercise class and enjoy the park.

The bingo players continue to come out with the hopes of winning the pot by themselves.



This month we are featuring Marsha Kisyl who participated in the Art Expression class. Again, it is nice to see the talent that is coming from this class.

The casino outings have been very interesting with some people saying they made money and others saying they lost their pants. I often wonder when I see them still wearing what they did when they left.

The folks are still enjoying the afternoon walks they have with our volunteer on Thursdays. The only exception is they are finding with the construction it is limiting their usual walking path. Either way they are still thankful for the volunteer giving his time to take them out.



COMMUNITY CENTRE COMING EVENTS

Happy Friday with Cut & Dried And Tilbury Twist

October 6, 4:00-6:00 PM

Grab a few friends or come on your own to socialize, enjoy some snacks and drinks, listen and/or dance to the music.
**Cash bar - 19+ - Please drink responsibly. **



LUNCHEON & COSTUME PARTY
STARTS AT 12 NOON ON TUESDAY,
OCTOBER 31ST \$15 for Members \$18
for Guests



Your costume could win you a prize!



MENU: Chicken Cordon Bleu, Parmesan herb orzo, buttered carrots and peas, triple mustard Dijon chardonnay crème **Dessert:** pumpkin pie, cinnamon crème Fraiche and sugar dust. **Tea and coffee**

Cash bar Live Entertainment Split pot 50/50 License #142678

Shari's Dinner & Dance

Saturday, October 14th Dinner at 6 PM - Doors open at 5:30 PM

Dress style optional but... The theme is Safari Night
Very special door and spot dance prizes!



Menu: Chicken Cordon Bleu, Parmesan herb orzo, buttered carrots and peas, triple mustard Dijon chardonnay crème. Dessert: pumpkin pie, cinnamon crème Fraiche and sugar dust. Coffee & Tea

\$27 for members \$30 for guests- No door or dance only tickets for this event Pay cash, debit, credit card at Reception M-F 9:00 am - 2:30 pm at Reception or call 604-943-0225

To reserve a table, advise Reception at time of ticket purchase.

Licensed premises - cash bar - Please drink responsibly. To reserve a table please advise reception when purchasing ticket

Please purchase your tickets early!!
Deadline for ticket purchase Friday, October 10th



COMMUNITY CENTRE COMING UPDATE

Community Centre Volunteer Positions OPEN!!

Community Centre:

- Fashion Consultant in the Unique Boutique- sell clothes and help keep the store updated, tidy and welcoming. One 2.5 hours shift/week.
- Receptionist - greet visitors, sign up new members, sell tickets to events, provide information, etc. One 3.25 hours shift/week.
- Kitchen helper in Café - Run dishwasher, clear tables.
- Decorating Crew - with the help of volunteers and creativity the Centre gets decorated for theme events and special holidays. We are looking to form a crew of decorators who can share their talents, skills and time with us 4 - 6 hours a month.

South Court:

- Staff Assistants for weekly games—e.g. bean bag toss, ring toss, horseshoes. Must be able to run the program independently.
- Pets & Friends - Looking for pet therapy volunteers.

West Court:

- Staff Assistant to help with serving and resident engagement during interactive programs, e.g. weekly Social Hour, Bingo, coffee pop-up, and events. Help to decorate the activity areas during the themed week is appreciated.
- One to One Social Visits.
- Gardeners needed to adopt a garden space in West Court. Areas: off the lounge patio, front entrance to care home, Parkview's Garden sections. Families already volunteering in some areas, but the volunteer coordinating these areas needs weeding and other tasks help.
- Decorators for theme events and Christmas Season.
- Pets & Friends - Looking for pet therapy volunteers.
- Bus Drivers for scenic drives and local bus outings. A Recreation staff facilitates the program and invites residents to join the outing.

Community Connector Program:

One to One Friendly Calls -To do friendly/check in calls to seniors living in the community who are at risk of isolation and would benefit of social interaction.

If Interested in Volunteering please contact Jen Kormendy by emailing: jkormandy@kinvillage.org

Seniors Community Connector Information Sessions:

The Seniors Community Connector is available to older adults (60+) in South Delta. Come connect with the SCC in regards to your wellness needs. The SCC provides support in making connections within the community in a variety of programs – such as, physical activities, nutritional needs, social engagements, wellness plans and resource navigation.

The SCC will be available to meet with Seniors on the below dates:

October 12th – 1 to 3

November 9th – 1 to 3

Please contact Namrata Bratch
by phone: 604-943-0155 ext 263 or
by email: community.connector@kinvillage.org
To arrange a meeting time.

2nd Annual

Cheers for Fears

A NIGHT OF
BREWS,
BOOZE & BOOS



Sold out event
last year, don't
miss out this
year!
Get your tickets
today!



TICKETS
\$50



FOOD, DRINKS, DJ, DOOR PRIZES, 50/50

5430 10 AVE, TSAWWASSEN



SATURDAY

28TH OCTOBER, 2023

DOORS AT
6:30PM

ALL FUNDS RAISED WILL HELP SUPPORT KINVILLAGE'S
ENHANCED DAY PROGRAM FOR OLDER ADULTS